



Col. Erik Daiga, garrison commander, will be live on AFN 106FM Tuesday at 8 a.m. talking about Lion Shake. Tune in for all the details. Can't get 106 on your radio? Tune in to channel 142 on your AFN decoder.

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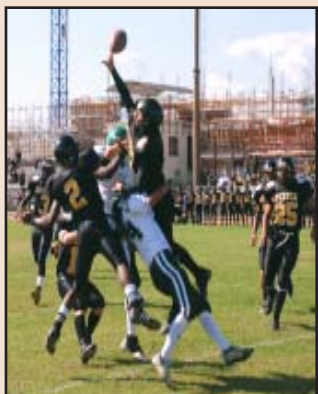
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173rd Airborne Brigade Combat Team paratroopers descend toward Drop Zone Frida 1, Sept. 23, near Aviano Air Base and the Carnic Alps in northeastern Italy. It was the first jump for the brigade since returning from its 15-month deployment to Afghanistan.

173rd jumpmasters prepare for brigade jump

Story and photos
by Spc. Gregory Argentieri
173rd Public Affairs

AVIANO, Italy – In preparation for a larger brigade jump later this fall, the first wave of Sky Soldiers from the 173rd Airborne Brigade Combat Team returned to the air after a long hard-fought, 15-month deployment in Afghanistan.

173rd jumpmasters and senior Sky Soldiers from Italy and Germany began gathering early in the Caserma Ederle

commissary parking lot Sept. 23. The paratroopers were more than ready for a chance to jump since redeploying to garrison life after Operation Enduring Freedom VIII. The last time the brigade jumped was during a training mission in late 2006.

The countdown was on, and the quiet energy was apparent as “The Herd” of paratroopers from Bamberg, Schweinfurt, and Vicenza began organizing at 3:30 a.m. into their respective chinks and arranged in their chalk jump order. Once

complete, the three chinks of Sky Soldiers loaded onto the four buses waiting to take them north to Aviano Air Base.

Upon arrival, the paratroopers assembled in the parachute holding area (PAHA). After a quick accountability, the chinks were given their respective TOTs (time on target), 10 a.m., 1 p.m., and 4 p.m. The TOT is the time the high-performance military aircraft will be above the drop zone (DZ). From the TOT, a strict jump timeline is developed for the primary

jumpmasters to follow.

The primary jumpmasters, along with the assistant jumpmasters, led the Soldiers from the PAHA to the pre-jump training area right outside.

The Sky Soldiers practiced their parachute landing falls (PLFs) by jumping off a platform. The paratroopers also practiced static line control, followed by jumping out of a mock door. Then the jumpmasters went through emergency activation of their
See Jump on page 2

Lion Shake planner asks community to play along

By Jon Fleshman
Garrison Public Affairs

For a few hours in October Caserma Ederle will be shut up tight as a drum and the only feet beating the pavement should be those of emergency responders.

“Even if they’re not directly involved in *Lion Shake*, we’d like to see people who get caught up in the exercise to participate,” said Val Bogdanowitz, the garrison’s emergency and disaster planning officer and *Lion Shake* lead planner.

“They could role-play a victim, shelter-in-place in their car or enter the nearest building and become part of that facility’s population and work through the situation,” he said.

Bogdanowitz said access to the installation will be restricted to emergency responders and their vehicles once the scenario

starts to unfold. People can expect delays on entering and exiting post, and sports and recreation facilities will close so their staffs can participate in their part of the exercise.

“The schools are playing and will do their shelter-in-place procedures and evacuation drills,” Bogdanowitz said. “However, the exercise will not interfere with students getting to and from school and their lunch period.”

Though the planners have tried to reduce the inconvenience the exercise may cause, Bogdanowitz said, they are trying to realistically gauge the potential obstacles to responders when an emergency comes as a surprise.

“A real man-made or natural disaster doesn’t make an appointment,” he said.

For information about

emergency preparedness and shelter-in-place, see www.ready.gov/america/makeaplan/shelter_in_place.html.

16 Italian agencies for Lion Shake '08

Led by the Vicenza Prefecture, *Lion Shake* is an Italian-American civil disaster exercise that tests and refines the U.S. Army Garrison Vicenza’s consequence management plans and procedures in response to a natural or man-made disaster, explained Col. Erik Daiga, the garrison commander.

“The garrison trains with local Italian emergency response agencies to ensure the protection and safety of people affected by an incident, to promote public education and community involvement, and to

increase cooperation, integration and familiarity with our host-nation partners,” Daiga said.

This year, 16 Italian agencies are scheduled to participate in the annual exercise that is planned for October.

The scenario is not based upon any known or perceived threat.

“U.S. and Italian forces have been training together doing the *Lion Shake* exercise since 1999,” Daiga said, “and during this time, the U.S. and Italian partnership has continued to grow and strengthen.”

Brigade preps for October jump

Jump continued from page 1
reserve parachute, jump refusals, red-light procedures, and jump commands inside the aircraft.

After the pre-jump training, the Soldiers were issued their T-10 parachute and their reserve parachute, and returned to the PAHA to don their equipment and wait. During the wait and before the first chocks hit time, the jumpmasters performed multiple checks on each Soldier's parachute and on the proper fit of the equipment.

Capt. Jeffrey Pickler, 173rd ABCT Headquarters and Headquarters Company commander, a jumpmaster with 27 jumps, could have been speaking for the entire "Herd" when he said in the PAHA that he was "feeling good, it's a Hollywood."

The scheduled refresher jump was a non-combat, non-tactical jump, commonly referred to as a "Hollywood jump," which means the only equipment a paratrooper wears is the primary T-10 and the reserve parachute, besides the Army advanced combat helmet, a load-bearing vest, ID cards and ID tags.

This is a considerable load difference compared to a combat jump that can weigh as much as 150 pounds more.

Out on DZ Frida 1, the paratroopers had a few hazards to watch out for. The first and the easiest to see was a line of trees to the left and a large berm running the entire length of the right side.

Next was a rocky riverbed on the left, followed by numerous bomb craters, some of them up to eight meters wide.

In the distance were power

lines, a barb-wired fence, hay bails and throughout the DZ, scattered boulders.

Frida 1 is mostly a flat, wide open area made up of tall grass and situated in the middle of a hay field with the Carnic Alps providing 100 kilometers of background scenery as they floated downward.

With clear skies and no wind, the first chalk of Sky Soldiers got the green light.

The paratroopers were airborne over the drop zone right on schedule and landed with no incidents or injuries.

For the 173rd ABCT, airborne operations are one of the six core competencies the brigade holds itself to be fundamentally skillful and proficient in, according to Sgt. 1st Class Manuel Torres III, brigade NCOIC for airborne operations.

Without getting all the jumpmasters and safeties up to date with their training and certifications, the scheduled October brigade jump for all the

other Sky Soldiers could not take place.

The brigade wants the Sky Soldiers going back over the basics the Army way: crawl, walk, and run, with the jumpmasters leading the way, according to Torres.

For the 173rd that would mean complete airborne proficiency coupled with ability to conduct an airfield seizure anywhere in the world putting troops and equipment on the ground in as little as 24 hours.

It's a big task that takes a lot of preparation and effort but in the end, it's an enjoyable one according to 1st Sgt. Buss Wood, Headquarters and Headquarters Company, 1st-503rd.

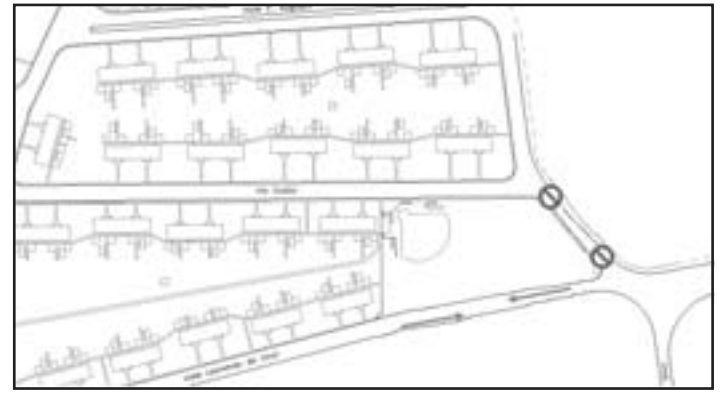
"All you can hear is the breeze from the fall and with the view of the Alps, it was exhilarating," said Wood. "Anytime you have your knees in the breeze and can walk away from a drop zone, it's an awesome jump."



173rd Airborne Brigade Combat Team jumpmasters and paratroopers prepare for airborne operations as they practice their parachute landing falls and run through the basic airborne jump drills Sept. 23 at the Aviano Air Base. The jumpmasters were getting certified in preparation for a brigade jump later this fall.

Villaggio exit changes Oct. 12-19

As workers prepare for construction of a new Villaggio Access Control Point, entering and exiting Villaggio will change. From Oct. 12-19, the current entrance-only point will be closed. Vehicles will enter and exit Villaggio through Viale Leonardo da Vinci. See map below for reference.



Villaggio hosts Halloween activities

**USAG Vicenza
Press Release**

The annual Villaggio event for Vicenza military community members runs Oct. 31 from 3:30 – 6 p.m. in the Youth Services gym parking lot.

Below is information that all community members should be aware of:

- ◆ Trick-or-treating for ID cardholders begins at 6 p.m. Open trick or treating is from 7-8:30 p.m. NATO, American ID cardholders and host nation employees who have installation passes may enter through the Villaggio front gate, but only U.S. ID cardholders enter Villaggio through the back gate shuttle bus entrance.

- ◆ Trick-or-treaters without installation passes may only enter Villaggio front gate from 7-8:30 p.m. All personnel will enter through metal detectors.

- ◆ Villaggio housing area roads will be closed to non-essential traffic from 5:45-8:30 p.m.

- ◆ No roller blades, roller skates, skateboards, bicycles,

mopeds, motorcycles or pets are allowed on the event grounds during these hours.

- ◆ No alcohol or glass bottles will be brought into the activities area.

- ◆ The Villaggio pedestrian gate will be closed for the duration of the event.

- ◆ Seven candy points will be placed throughout Villaggio and manned by BOSS and USO volunteers.

- ◆ DFMWR will deliver two bags of candy to each Villaggio resident Oct. 30.

- ◆ Donation bins will be placed at the post exchange and commissary and donated candy will be available for pick-up Oct. 29 at the Villaggio Youth Services Office. One bag per household.

- ◆ Two shuttle buses will run every 15 minutes (or as necessary) from post to Villaggio from 3-8:45 p.m. DFMWR will staff each pick-up and drop-off points to assist community members. The shuttle bus will drop people off at post in front of the commissary and in Villaggio at the Self-Help gate.

Speak Out

October is Energy Awareness Month: What do you do to conserve energy on Caserma Ederle?

-By Laura Kreider



**John
AAFES**

I turn off lights when I leave a room.



**Maria Elena and Joshua
B Company, 1-503rd**

I ride bikes instead of driving, dress for cooler weather instead of using the heater. We also make sure we turn off or unplug electronic devices such as televisions, computers, guitar amps, etc.



**Rudy
Outdoor Rec**

I ride my bike.



**Capt. Adam Christenson
HHC, 173rd ABCT**

I always turn off lights when I leave a room.



**MCSN Jessica Robertson
AFN South**

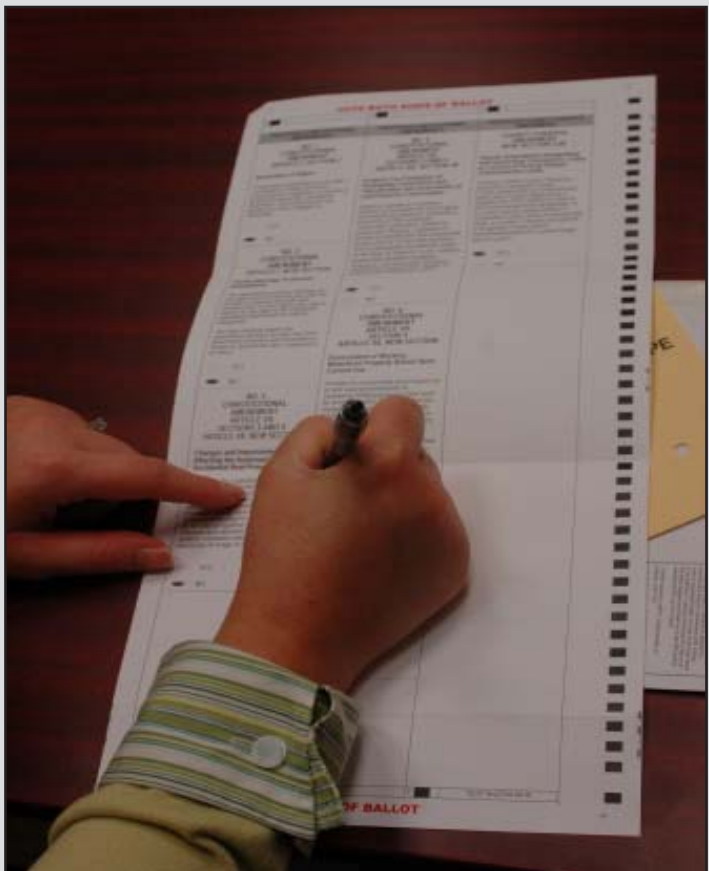
I turn lights off when not in use. Also I drive only when absolutely necessary.

Time to do your part, vote

Being overseas doesn't mean you can't take part in election process. Registered voters overseas who applied for an absentee ballot should have received theirs by this time, according to the Federal Voting Assistance Program Web site..

If you requested an absentee ballot but have not received one close to election day, you can still vote by using the back-up Federal Write-In Absentee Ballot (FWAB).

On Caserma Ederle community members can contact voting assistance officers Gale Nelson at gale.nelson@eur.army.mil or Troy Roberts at troy.roberts@eur.army.mil. Servicemembers and family members with questions on absentee voting requirements can also read about voting procedures in the Voting Assistance Guide on the Federal Voting Assistance Program's Web site, www.fvap.gov.



This woman is making her voice heard by casting her votes for issues in her home state. (Photo by Diana Bahr, USAG Vicenza Public Affairs)

Wellness experts speak on post

Oakland Raiders nutritionist and University of California-Davis professor, Elizabeth Applegate, along with Kris Clark, a Pennsylvania State University professor who has worked with the U.S. women's soccer team, will speak in the Ederle Theater, Nov. 6 and 7.

The event is free and open to the community. Exact times for the events will be announced soon.

The women will focus on hydration and eating strategies and how everyone, not just athletes, needs to incorporate these aspects of healthy lifestyles into his or her everyday life.

The event is part of the Health Promotion Office Wellness Speakers series coordinated by Betsy Walters, health promotion coordinator. Call 634-8828 for details.

Working toward wellness

Eat your veggies, make mom, sarge happy

By Barb Schneider
Registered dietitian
Special to the Outlook

Nutrition plays a vital role in everyone's health. All of us need to eat well, choosing a variety of whole grains, fruits, vegetables, low fat dairy products and lean meat, fish and poultry.

The Food Guide Pyramid (found on the Web site www.MyPyramid.gov) is an easy way to see if you're getting the variety in your diet that you need for good health.

Calorie balance and exercise are also important components of healthy living. Eating too much of anything, even the right things, can lead to overweight or obesity, so balancing energy intake with energy expenditure is important.

People who are overweight or obese are at greater risk for developing certain diseases: type 2 diabetes, coronary heart disease, stroke, high blood pressure, sleep apnea, certain cancers, gall bladder disease, and osteoarthritis.

A registered dietitian can be a valuable member on your wellness team. For example, people with diabetes, high blood pressure and high cholesterol can benefit from nutrition intervention.

"Because we have a family history of diabetes we decided to see if we can catch it before it starts," said Charlie Fowler. Fowler brought in her daughter, Pearl, to meet with me.

A dietitian can help you understand how what you eat impacts your health and teach you about the specific nutrition therapies that will improve your medical condition.

"I want to have better eating habits," said Pearl, a sophomore at Vicenza High School. "Now that I know what a portion of a specific food looks like, sometimes I'll say something to my friends like, 'Are you going to eat all that?'" But most of the time it doesn't phase them."

Meeting with a dietitian provides an opportunity to evaluate your dietary intake and then receive instruction as to the changes you would benefit from for your particular needs.

There are numerous other diseases and medical conditions which also benefit from nutrition intervention – inability to gain weight, being overweight or obese to name a few.

The U.S. Army Health Clinic Vicenza primary care managers are well versed in the diseases and medical conditions that benefit from nutrition intervention.

We work closely together to partner with our patients for the best possible outcome in their health care.

Appointments with me, the dietitian, are made via consults from the doctors and nurse practitioners at the Vicenza Health Center.

There is one exception to needing a consult to see the dietitian. Soldiers must meet the Army Weight Standard.

Active duty Soldiers who are struggling with their weight, but have not been flagged, can self-refer to the dietitian for weight management.

As readiness is a key to mission success, being proactive with weight management is in the best interest of the Soldier

and of benefit to the Army.

For Soldiers who have been flagged for weight, the regulation mandated nutrition training is available once a month.

Training days, times and location are posted in the hallway near the health center classroom or can be obtained by calling 634-8010, off post at 0444-71-8010.

Soldiers must attend one complete training (three hours) to fulfill the requirement and will receive a memo to give to their commander upon completion.

Individual follow-up is recommended to assist the Soldier in reaching their weight goal.

For all other nutrition related concerns, active duty personnel and their family members must get a nutrition consult from their primary care manager.

Once you've had a consult with me, we'll determine together what the need for follow-up care will be.

For some individuals, one appointment may be enough. For others, it will be beneficial to schedule follow-up appointments to track success, evaluate challenges and adjust the plan of care if needed.

The greatest joy in my job is when a patient partners with me, implements the plan and reaches the desired outcome.



Barb Schneider, registered dietitian, measures a client during her appointment at Vicenza Health Clinic. (Photo by Diana Bahr, USAG Vicenza Public Affairs)

At your service

New sheriff in town

Maj. Jeffrey Bergmann has returned to Vicenza, this time as the director of emergency services. Bergmann first came to Vicenza as the platoon leader for 1st Platoon, 13th Military Police Company and then served as the executive officer for SETAF's Headquarters Support Company and then served as the aide-de-camp to the SETAF commanding general. He left Vicenza in January 2000.

"As the USAG Vicenza director of emergency services I'm responsible for the law enforcement, fire department and operations ensuring the safety and security of the service members, civilians and families assigned to Caserma Ederle," said Bergmann.

Community members with an emergency can call the military police toll-free at 800-064-077.



The Outlook

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Community events

Library lunch series promotes Army Community Service programs

By Samantha Smith
Outlook volunteer

This month community members have the opportunity to sample some of Army Community Service's more popular courses at a series held in the Ederle Library each Tuesday from 12:30-1:30 p.m.

With many new families arriving at Caserma Ederle, "ACS is reaching out to offer these short and useful classes to let people know what their resources are here," says Rose Holland, manager of Army Family Team Building and Army Family Advocacy programs for ACS.

The first course took place Oct. 7 and featured AFTB volunteer instructor Ardie Buechner on mastering change.

"With families dealing with reintegration and PCS'ing, this class fits in perfectly with what's going on in our community," said Holland.

"I've been a military spouse for over eight years," said

Snezana Kelley, spouse of Maj. Thomas Kelley, who stopped by the room to see what was going on.

Kelley has volunteered for the Translation Interpreters Program and attended the Benvenuti class run by ACS, but admitted to not knowing much about other programs offered.

"This is our first overseas assignment," she said. "My husband deployed shortly after our arrival last year and I was busy with my children and didn't have much time to get involved with activities on post."

Holland and Buechner talked to Kelley about what the Army Family Team Building workshops offer spouses.

"One of the most confusing things about the military is their use of acronyms," said Holland. "AFTB has a list of the most commonly used ones and I have to refer to it all the time – and I'm married to a man in the military and work



(Left to right) Lei Penland, family member; Rose Holland, Army Family Team Building and Army Family Advocacy Program manager; Ardie Buechner, AFTB volunteer and family member Snezana, talk about the Army Community Service's AFTB program. The event was held in the Ederle Library Tuesday and is part of a new series that offers free lunch and information about different programs offered by ACS. Oct. 14 is a class on Stress Management offered by the Family Advocacy Program. (Photo by Diana Bahr, USAG Vicenza Public Affairs)

with spouses and Soldiers on a daily basis."

Another item Kelley said she found confusing was the Leave and Earnings Statement she received while her husband was deployed.

"I had no idea what most of

the notations in the boxes and in the notes area meant," she said. "I had to get our taxes done while he was deployed and was relieved to find I could go to the tax center and just hand them the paperwork."

The next in the series will

be on Stress Management Oct. 14, followed by Employment Readiness and Career Discovery Oct. 21.

For the complete schedule and to make a reservation, call ACS at 634-7500 or 0444-71-7500 from off post.

Italian town honors Red Bull: America's 34th Infantry Division

By Chiara Mattiolo
*USAG Livorno
Public Affairs*

The city of Vernio, near Prato, hosted a ceremony Sept. 21 to celebrate the 64th anniversary of the battle of Torricella, better known to the Italian allies as "Hill 810," which was fought Sept. 10-24, 1944, and to commemorate Soldiers who fell during the battle.

Along the portion of the Gothic line that crosses the town of Vernio, between September 10 to 24, 1944 in a battle

between the Germans and the Americans took place, and when it was over 300 Soldiers lost their lives.

The American unit's success helped to liberate the territory.

To honor the memory and heroism of the Red Bull Soldiers, the mayor of the city of Vernio, named a state road to honor the 34th Infantry Division.

Representing the American delegation were Capt. Robert Tarr, director of the directorate of emergency services, and Capt. Anthony Valenti, of the

Staff Judge Advocate's office.

Military, civilian, and religious representatives from the city of Prato participated in the commemoration and a wreath was laid to remember those who lost their lives.

Capt. Robert Tarr (left), USAG Livorno director of emergency services, and Paolo Cecconi, mayor of the city of Vernio, unveil the road sign commemorating that road to the unit that helped liberate the town during World War II. (Photo by Joyce Costello, USAG Livorno Public Affairs)



Wedding bells in your future? Start planning early

Directorate of Human Resources Passport Office
Special to the Outlook

Are you engaged or married to a non-U.S. citizen, and plan to depart in the next year and take him or her back to the United States?

If so, you need to start planning now to make that happen.

If you are

engaged and plan on marrying back in the United States; you have two options:

1. If you want your fiancé(e) to fly with you to the United States you must apply at least eight months prior to your departure for a K1 Fiancé(e) Visa using the I-129F form.

2. If you do not have at least eight months remaining before your wedding you can still apply for the K1 Fiancé(e) Visa using the I-129F form.

However, your fiancé(e) will have to remain behind until he or she receives his or her Visa. This can take up to eight months.

Once your fiancé(e) has the Visa and he or she departs for the United States you must get married within 90 days or he or she loses the Visa.

If you are already married to a non-U.S. citizen, then you can start the process for a Petition for Alien Relative (Green Card) using the I-130 form one year before departure so you and your spouse can leave together. Otherwise he or she will have to stay behind to finish the process.

If you do not meet the one-year requirement you will proceed to your next duty station

and apply for the a K3 Spouse Visa using the I-129F form and at the same time the Petition for Alien Relative (Green Card) using the I-130 form.

This can take up to six months and once your spouse receives the K3 they can move to the dtates while his or her Green Card is processed.

The applicable forms can be found at the following Web sites:

I-130 Form and I-129F forms filed in Italy are on www.italy.usembassy.gov/dhs/uscis

I-130 Form and I-129F forms filed in the United States are on www.uscis.gov

Story and photos
By Laura Kreider
Outlook Staff

Nove, a town located less than 20 miles from Vicenza is renowned for fine ceramic production.

The first firm, which started to produce ceramic items created in 1727 by *Giovanni Battista Antonibon*.

Many of the traditional pieces created by him are still on display in some museums, such as the one located in the square of Nove, the *Museo della Ceramica* and the one located in *Bassano del Grappa* at *Palazzo Sturm*.

Since the XVIII century, which is considered the golden



age of Nove ceramics, many molds, clay treatments and decorative styles have developed.

Mostly, however, the tradition passes from father to son/daughter and the handmade manufactured articles that go from classical to modern styles. Each company offers different peculiarities, a

variety of subjects from religious items to lamps to dinnerware. At times, the company also offers the possibility to customize some articles such as jugs, dishes or plaques. The stores range in size from mass production to family places.

Price and payment is in euro. Some do accept credit cards.

Getting to Nove from post

Exit out the Aldo Moro gate and take the left before the intersection. Before reaching the traffic circle, note the prison is on the left. Take the first right in circle onto Bertesina. Take the left onto Ospedaletto. Follow to stop sign - go left. At the yield go right onto SS53. Go under the autostrada and take the first left at Bolzano sign. Follow to Nove and watch for signs.



STORES INFORMATION

(Editor's note: All information below was correct at press time)

1) Ancora

8:30 a.m.-12:30 and 2 - 6:30 p.m. Monday-Friday (open Saturday mornings from 8-12:30)

Ceramic dishes, vases, holiday dishes and fruit baskets.

2) Bortoli Igino

8 a.m. - 6 p.m. Monday-Friday (open Saturday mornings) Call before going at 0424-592 739 (Italian spoken)

Ceramic dolls, flowers, masks and clown masks, small pins, pictures and pins.

3) Casa Del Peltro - Pewter

8 a.m.-7:30 p.m. Monday-Saturday

Pewter, figurines, clocks, silver lamps, tea/coffee sets and frames.

4) Larry S.K.G.

8:00 a.m.- noon and 1:30-6:30 p.m. Monday-Friday (open Saturday mornings from 8 - 1 p.m.)

Personalized front door name plaques, personalized pictures, cups and baby plaques.

5) Bonato's

8:30 a.m.-6:30 p.m. Monday-Friday (open Saturday mornings)

Ceramic dishes, vases, pitchers and animals.

6) 4 Emme sas

8 a.m.- noon and 2 - 6 p.m. Monday-Friday (open Saturday mornings from 8:30 - noon)

Fabric shades for lamps.

7) Maer

8 a.m. - noon and 2 - 6 p.m. Monday-Friday (open Saturday mornings from 8 - noon)

Ceramic dishes. Family store.

8) Devis

8 a.m. - noon and 1:30 - 6 p.m. Monday-Friday (open Saturday mornings from 8 - 2 p.m.)

Ceramic flowers, vases, lamps (birds, flowers, angels), mirrors, and fruit baskets.

9) Carraro Vittorio Ceramiche

8:30 a.m. - noon and 3:30 - 7:30 p.m. Monday-Saturday

Ceramic animals and lamps; fountains and tables.

10) Sante Alessi

9 a.m. - noon and 3 - 6 p.m. Monday-Saturday

Handmade flowers arrangements, roses, garlic/onion/potato head jars, statues, masks and hat pins, ceramic fruit and vegetables.

11) VBC Ceramiche

8 a.m. - 1 p.m. and 2 - 6:30 p.m. Monday-Friday (open Saturday mornings from 8 - 2 p.m.)

Ceramic dishes, platters, vases and a large variety of trivets.

12) Pizzato

8 a.m. - noon and 1:30 - 6:30 p.m. Monday-Friday (open Saturday mornings from 8 - noon)

Ceramic dishes.

13) Pigato

8:30 a.m.-6:30 p.m. Monday-Friday (open Saturday mornings)

Ceramic dishes, apple baskets, lamps, and special orders for dishes.

14) Gianni Tosin

8 a.m.-7 p.m. Monday-Saturday

Ceramic whistles, bird cages, nativities.

15) Alessi Lamp Factory

8:30 a.m.-6 p.m. Monday-Friday

Ceramic Lamps. Enter through the front office and go to the back.

There are all types and colors of lamps.

(Most stores close between noon and 2 p.m.)

Darby dates

ITR trips

Call USAG Livorno ITR at 633-7589 for reservations for trips below or information on other trips.

Perugia Chocolate Festival: Oct. 25

This annual event is dedicated to chocolate, the sweet confection for which this ancient Etruscan town is world-famous. Visitors can walk in the center of the city taking the incredible sight of artists sculpting 1,000 kilogram blocks of chocolate into art.

City sightseeing tickets:

Discover the history of Italian cities onboard the "Hop On - Hop Off" buses available in Rome, Florence and Pisa. Discounted prices for savings up to \$3.67 per person are available. Available at ITR.

ACS class

Call ACS at 633-7084 for reservations or information about other classes.

Reintegration, Relationships and PTSD: Oct. 22, learn tips on how to better manage family relationships following a deployment. Particular attention is focused on how Post Traumatic Stress Disorder affects family relationships.

Pumpkin Carving for families of deployed service members: Oct. 24, bring your own pumpkin to carve or paint and we will provide supplies and treats!

Budgeting 101: Oct. 21. If you want to have more money at the end of the month, call ACS and register for this class.

Youth Services event Halloween Kickback party Oct. 24 at Youth Services.

Hang out with your friends, enter the costume contest and have fun. Costume contest starts at 6 p.m.

Call Youth Services at 633-7269 for details.

Thursdays are Karaoke night at DCC

Join the Karaoke crew Thursday from 5-10 p.m.

Call the DCC for details at 633-7855.

Check out chocolate festival, Palladio exhibition

Local festivals, events

Casa su misura, Furniture exhibition, through Oct. 12, in Padova, 59 via N. Tommaseo, about 24 miles southeast of Vicenza. Open weekdays: 5-10:30 p.m.; weekends 10 a.m. – 10:30 p.m.

Find the latest in furnishings and accessories for your home and garden. Entrance fee is 6 euro.

Fish Festival, Oct. 10-11, in Malo, at the sports center on Via Molitto, 16, about 20 miles northwest of Vicenza.

Oct. 10, 6 p.m. there's a sea food dinner; Oct. 11, 11 a.m. and 6 p.m. there's a sea food lunch and dinner. Cost is 11 euro.

Wine and Pore Mushroom festival, Oct. 10-13, in Costozza di Longare, about eight miles south of Vicenza. Food booths and live music.

Chocolate Art, Oct. 11, 10 a.m. – 6 p.m., in Bassano del

Grappa, Piazzotto Montevicchio, about 22 miles northeast of Vicenza. Free entrance.

Watch the Vicentine manufacturers preparing their chocolate delicacies and sample a great variety of chocolates.

Thanksgiving Party with market exhibition, Oct. 12, in Schio, 16 miles northwest of Vicenza, opens at 9 a.m.

Food booths, agricultural products and mountain crafts show.

Old flavors – The Apples of Conca D'oro festival, Oct. 12, in Fongara (Recoaro Terme), about 34 miles northwest of Vicenza.

Starts at 11 a.m. with gastronomic stands, local food products market and exhibition.

Black Truffle festival, Oct. 12, in Marana (Crespadoro), about 28 miles northwest of Vicenza.

Food booths and truffle

market exhibition.

Fireworks display, Oct. 11, 9:45 p.m., in Bassano del Grappa, about 22 miles northeast of Vicenza.

“Andrea Palladio” Exhibition, Oct. 11, 5:30 p.m., in Vicenza, Palazzo Barbaran da Porto. Admission fee is 10 euro.

Energy Planet Fair, Oct. 9-12, 9:30 a.m. - 6 p.m., in Vicenza, Via dell'Oreficeria, 16. Renewable sources of energy, energy-saving and advanced building materials exhibition. Admission fee is 8 euro.

Palladian dinner, Oct. 24, 9 p.m. – midnight, in Lugo di Vicenza, Villa Godi Maliverni, about 17 miles north of Vicenza.

Enjoy a typical Palladian dinner and 16th century music. Few seats are still available.

Call 392-122485 for reservation. Cost is 35 euro.



Self-defense demonstration part of Domestic Violence Awareness Month

Kinga Fillinger (center) performs one of the basic techniques taught by Special Agent Rick Overman, from the Criminal Investigation Division, left, while his wife Farrah looks on during the personal safety demonstration held in the post exchange Oct. 3. The event was one of the initiatives of Domestic Violence Awareness Month. The demonstration helped participants to understand how to react and protect themselves in some situations where it may be needed to know at least some basic techniques of self-defense. October is Domestic Violence Awareness Month and free Caserma Ederle events include the Family Advocacy Program family breakfast Oct. 21, 7-8 a.m. in the Vicenza schools cafeteria and Oct. 23, 3-6 p.m. an Emergency Placement Care awareness table will be at the post exchange. Learn about how you can help a family in need. Oct. 27 hear Mentors in Violence Prevention guest speaker Daryl Fort in the post chapel at 9:30 a.m. and the community is invited. For more information call Family Advocacy at 634-7500. (Photo by Laura Kreider, Outlook Staff)

Now Showing

Ederle Theater

Oct. 9	The Mummy: Tomb of the Dragon Emperor (PG13)	6 p.m.
Oct. 10	Swing Vote (PG13)	6 p.m.
	Step Brothers (R)	9 p.m.
Oct. 11	Beverly Hills Chihuahua (PG)	3 p.m.
	Step Brothers (R)	6 p.m.
Oct. 12	Beverly Hills Chihuahua (PG)	3 p.m.
	Swing Vote (PG13)	6 p.m.
Oct. 15	Step Brothers (R)	6 p.m.

Camp Darby Theater

Oct. 9	The X-Files: I want to believe (PG13)	6 p.m.
Oct. 10	Lakeview Terrace (PG13)	6 p.m.
Oct. 11	Step Brothers (R)	6 p.m.
Oct. 12	Sisterhood of the Traveling Pants (PG13)	2 p.m.

Admission: Age 12 and over \$4, under age 12, \$2.

The Ederle Theatre box office opens one hour prior to show time.

Looking for the movie synopsis? Check out the AAFES Web site: www.aafes.com, scroll to the bottom of the page and click on Movie Schedule.

Looking to buy or sell items? Check out MWR's Marketplace at www.mwrmarketplace.com.

Commissary open Monday

The Vicenza Commissary will be open Monday, Oct. 13 from 10 a.m.- 5 p.m.

Scrapbooking supplies, donations needed

Vicenza Middle School 7th graders are creating a scrapbook called *All About Me* a pictorial of his or her time spent in Vicenza.

We are seeking donations of scrapbooking paper, punches, stickers, scissors and other items. Drop them off at the high school office addressed to Mrs. Wilson.

ACAP job assistance workshop

The Army Career Alumni Program offers a Job Assistance Workshop Oct. 14-16 and spouses are welcome to attend.

On Oct 14 and 15 workshops are 8:30 a.m.-4:30 p.m. and from 8:30-11:30 a.m. on Oct. 16.

Learn how to write effective resumes, dress for success, interview with confidence and get the career you want.

Veterans Administration briefings

A Department of Veterans Affairs representative is available Oct. 17 to speak with individuals about VA benefits to include the disability assistance transition program (DATP).

Benefits briefing is held Oct. 17 from 8:30 a.m.-noon, the DATP briefing is from 1-3 p.m.

Call the Vicenza ACAP Center, 634-7188/7189 or visit <https://www.acapexpress.army.mil> for information or an appointment.

Job opportunities

Community Bank has openings for a teller supervisor and a banking center service supervisor.

Go to the Careers link at www.DoDCommunityBank.com for a detailed job description, qualification requirements and to apply online.

Child and Youth Services is looking for a Child and Youth Program Assistant.

Look for specifics on the CPOL Web site, www.cpol.army.mil.

Free John Rich concert

John Rich from Big'n'Rich will give a free performance Oct. 24 in the Ederle Inn parking lot at 6 p.m.

Finance office hours change

The cashier cage, in bldg 28, is now open from 9 a.m.-4 p.m. except for USAREUR training

holidays and federal holidays.

On USAREUR training holidays the cash cage is open 10 a.m.-2 p.m.

American Red Cross classes

CPR class: Oct. 18, 8:30 a.m. - 4:30 p.m. Fee of \$30 includes class materials.

Babysitter's training certification: Oct. 25, 9 a.m.-5 p.m. The October course is free thanks to Child and Youth Services.

Become a Health & Safety Instructor. Oct. 24-26, learn how to teach CPR/First Aid/AED and Babysitter training classes. Course fee of \$145 includes prerequisites, fees and all materials.

For details or to preregister for any of these courses visit the American Red Cross office Monday-Friday, 8 a.m.-4:30 p.m. in bldg 108, room 47, or call 634-7089 or 0444-71-7089 from off post.

Naturalization test

The United States Citizenship and Immigration Service (USCIS) is now administering a redesigned naturalization test.

All applicants for citizenship preparing for this test can visit www.uscis.gov/newtest or visit the passport office for information on study materials.

The passport office hours are Mon.-Wed. and Friday, 9-11:30 a.m. and 1-4:30 p.m. Thursday hours are 1-4:30 p.m. The office may be reached at 634-7721 or 0444-71-7721 from off post.

Money talks

Hear and meet internationally-acclaimed financial gurus Kelvin Boston from the PBS series "Moneywise in the Military" and Peter Bielagus.

Oct. 22: Have your finance questions answered live by Kelvin Boston over AFN 106FM radio between 9-9:30 a.m. Boston is followed by Financial Readiness staff who will answer your financial questions live from 9:30-10 a.m.

Then at 4-5:15 p.m. Boston and Bielagus will sign copies of their books in the post exchange.

Oct. 23: 9-11:30 a.m. Boston and Bielagus will speak at the Ederle Theater. The community is invited. Questions are invited.

Call Financial Readiness at 634-7500 for details.

ACS library series

Join us for *Lunch in the Library* every Tuesday. This new program from Army Community Service is held 12:30 to 1:30 p.m. and free lunch is provided.



CFC donations help American Red Cross Vicenza station serve Vicenza military community

Leda Stauffer, American Red Cross volunteer station chairman, talks to prospective volunteers during the monthly volunteer orientation in Davis Soldier and Family Readiness Center Tuesday. The Red Cross is just one of several Caserma Ederle non-profit agencies that receives donations through the Combined Federal Campaign. The CFC number for the Red Cross is 10266. CFC is a yearly event that allows military members and civilian employees to contribute to charities of their choice through payroll deductions. This year the campaign runs through Dec. 3. CFC coordinators are assigned to units and agencies to collect pledges. Direct questions to Capt. Tina Winn, CFC project officer, at 634-7701. (Photo by Diana Bahr, USAG Vicenza Public Affairs).

Each week a different ACS class is held.

Oct. 14: Family Advocacy Program stress management

Oct. 21: Employment Readiness and Career Discovery
Call 634-7500 for details and reservations.

Community job fair, workshop

Oct. 22, 10-11 a.m. **Career Discovery Workshop** at ACS. This is followed by a community job fair in the ACS lobby, 11:30 a.m.- 1 p.m. Call 634-7500 for details.

ACS classes

Oct. 14, 10-11 a.m. **Bond with your child through play.**

Oct. 14, 9:30-11:30 a.m. **Breast-feeding basics.** Join us in the NPSF living room.

Oct. 15, 10:30-11:30 a.m. **Ace the interview** with Employment Readiness.

Oct. 15, 3-4:30 p.m. **Freddy FAP visits Tunisia.** Free fun activities and snacks for the family.

Oct. 22, 11 a.m.-Noon. **Sponsorship class.** Learn how you can be the best sponsor and help newcomers settle in.

USO events

It's time for the Combined Federal Campaign and you can help out the USO by donating to the USO on your CFC pledge card. The USO is 11381.

This Halloween the USO will have a candy point on Villaggio. The USO is looking for volunteers for this event. Stop

by the USO, located in bldg 9A.

Chess Night is now happening at the USO. Players of all skill levels are invited to come out and play every Wednesday from 6-8 p.m. Don't know how to play? Instruction is available as well as tournaments and prizes.

Love to play RockBand? The USO just got in RockBand 2 that includes new songs from Disturbed, Linkin Park, Lit, Panic at the Disco and Paramore.

Miss Mom's turkey and stuffing? The USO is cooking up Thanksgiving for the community. Stop by the USO for details or call the USO at 634-7156 or 0444-71-7156 from off post.

Texas Hold'em tournament

The Lion's Den in the Arena is hosting a Texas Hold'em tourney Oct. 25.

Sign ups begin at 4 p.m. and playing starts at 8 p.m. Prizes will be paid in cash for the 1st, 2nd and 3rd place winners.

Wild Kingdom Halloween party

The Arena's Lion's Den celebrates Halloween with a wild party Oct. 31.

There's R&B music, themed drinks and \$100 costume contest for the best male and female.

Soldiers' Theatre

Auditions for singers, dancers and actors for the Soldier's Theatre Holiday Show will be held Oct. 27 at 6:30 p.m. at Soldiers' Theatre.

All briefs must be received at editor@eur.army.mil noon Monday, or by Friday at 4 p.m. if Monday is a holiday.

Religious activities

Caserma Ederle Chapel
Call the chapel at 634-7519 (0444-71-7519) for details on post religious activities.

Chaplain Crisis Line:
To speak with a chaplain after hours call **634-KARE** (634-5273).

Saturday services
4p.m.: Sacrament of Reconciliation, or by appointment.
5 p.m.: Vigil Mass

Sunday Services
9 a.m.: Roman Catholic Mass
Mass is held weekdays at noon.

9 a.m.: Protestant Sunday school and AWANAs (Sept. through May in Vicenza High School)

10:45 a.m.: Catholic religious education (Sept.-May in Vicenza High School)

11 a.m.: Protestant worship
1:30 p.m.: Full Gospel Pentecostal worship

4 p.m.: Lutheran worship
6 p.m.: Contemporary Christian worship

Monday

Noon: LDS Scripture Study
3:05 p.m.: Middle School Club in the high school cafeteria. (October-May)

5:30 p.m.: High School Club in the Teen Center. (October-May)

For details contact Jocelyn Cary at 634-7890 or 349-385-3476 or vicecb@yahoo.com.

Tuesday

9:15 a.m.: Protestant Women of the Chapel

Wednesday

Noon: Protestant Men of the Chapel Bible study (at DFAC)

5:30 p.m.: PWOC evening Bible study

Thursday

9:30 a.m.: Catholic Women of the Chapel

5:30 p.m.: Gospel service choir rehearsal

7:15 p.m.: Gospel service Bible study

Faith group contacts

Islamic: Mohamed Noeman at 634-6306.

Jewish: Sandy Schoenberg at 634-6202 or sandy.schoenberg@eur.army.mil.

Latter Day Saints (LDS): Elder Openshaw, 334-665-6845 or Frank Petty at 634-3907/340-899-2218. Scripture study is held Monday, noon-1 p.m.

Darby Chapel

For details call the chapel at: 633-7267 (50-54-7267).

9:40 a.m.: Catholic Reconciliation

10 a.m.: Catholic Mass
11:15 a.m.: Protestant worship

Beginning Oct. 5, Protestant Sunday school starts at 9:45 a.m. and Catholic CCD is at 11:15 a.m.

3-Point Basketball Shoot Out

The fitness center hosts a 3-point shoot out Oct. 17-18 at 6:30 p.m. with male and female categories.

A participants' meeting is Oct. 17, at 6 p.m., at the fitness center. Participants must be 18 years of age and out of high school.

Deadline to sign up is Oct. 14. Call the sports and fitness office at 634-7009 for details.

Mixed League bowling

Mixed league bowling teams are forming now at the Arena. Teams consist of four people and run Oct. 15 through Feb. 18, at 5:30 p.m. Deadline to sign up is Oct. 15, call 634-7013 for details.

Basketball officiating clinic

Get certified to officiate, get paid in your spare time, learn to keep score and time by taking the basketball officiating clinic Oct. 20-25 at 6 p.m. in the post fitness center. Signup deadline is Oct. 20.

Single elimination basketball tournament

Oct. 25 and 26 there will be a single elimination basketball tournament at 9:30 a.m. at the Post Fitness Center. Eligibility is for Unit and Recreation teams. Must be over 18 to signup.

Call the sports and fitness office for details at 634-7009 or 0444-71-7009 from off post.

CYS Youth sports

The community is invited to come out and cheer for their favorite teams.

Bambino (ages 3-5) soccer games are held Thursdays through Oct. 23 at 5 p.m. and 5:45 p.m. on Villaggio.

Peewee (ages 6-7) soccer games are held on Villaggio Wednesdays through Oct. 22 at 5 p.m. and 5:45 p.m.

Minor (ages 8-9) soccer games are held on Villaggio Fridays at 5 p.m. and 6 p.m. through Oct. 24, with an exception for the Oct. 9 game.

Bantam (ages 10-12) soccer plays Saturdays in Villaggio starting at 9 a.m.

Junior (ages 13-15) soccer play Saturdays through Oct. 25.



Vicenza Cougar #25 runs the ball down the field during the Cougar homecoming game against the AFNORTH Lions Saturday. Both teams were undefeated going on the field, but the Cougars couldn't find their rhythm and lost 42-7. (Photo by Laura Kreider, Outlook staff)

Cougars fall to unbeaten AFNORTH

By Brad Polensky
Special to the Outlook

The Vicenza Cougars faced the AFNORTH Lions Saturday on a beautiful afternoon for football.

But it would not be a glorious homecoming this year for the Cougars as the Lions offense could do no wrong and AFNORTH Lions

quarterback E.J. Ruiz would end the day with two rushing and three passing touchdowns for a total of 152 yards.

The Cougars just couldn't get their offense working to run or pass the ball with quarterback Micky Stoner leading the team with 61 yards rushing but only 162 yards passing.

Stoner also scored the only touchdown for the Cougars.

The defense had a hard time trying to contain the trio of Ruiz, Brock Blankenship (running back) and James Perea (wide receiver) and the trio posted 550 yards of total offense even with 11 penalties for 115 yards.

The Cougars have another

big division game this Saturday traveling to Baumholder.

The next home game will be Oct. 18 when the Cougars take on Sigonella.

AFN 106FM The Eagle will broadcast the play-by-play action live. Can't get 106FM on your radio? It's also available on your AFN decoder on channel 142.

Girls' volleyball sweeps series, boys' lose in five

Story and photos
by Laura Kreider
Outlook staff

While the Vicenza High School Cougars football team was on the North 40 playing the AFNORTH Lions for homecoming, the VHS boys'

and girls' volleyball teams were in the post fitness center taking on opponents from the American Overseas School in Rome for their homecoming.

The girls' Cougars dispatched their opponents in three straight sets in the best-of-five series,

25-12, 25-2 and 25-13.

Key plays came from Ariel Vimoto with 12 aces and four kills; Federica Wade with three blocks and two kills and Megan Newbell-Wright with three aces, according to coach Kathleen O'Neill.

The boy Cougars fought through five games – losing, winning, losing, winning – and then fell in the last game giving AOSR the match.

Scores for the games were 25-23, 22-25, 25-21 and 15-10.

The teams go on the road

this weekend to play Marymount in Rome.

Cross country, tennis

In cross-country, both boys' and girls' teams faced American Overseas School in Rome.

VHS boys' had incomplete results, however, Zach Dickens placed fourth in the 5000 meters with a time of 21:48.

VHS Cougar Mishal Cotugno continued her dominance by placing first in the girls' 5000m race with a time of 22:50.

Tennis did not compete.



(Above) A Vicenza High School Cougar boys' volleyball team, helps keep the American Overseas School of Rome players from scoring. (Left) A Vicenza High School volleyball player spikes the ball over the net during the homecoming game vs. American Overseas School of Rome Oct. 4.